

**Inside Out**  
**Part One: Happy Trials**  
**James 1:1-18**  
**April 19, 2026**

1. You can respond with joy when faced with any kind of trial (1:2-4)
  - It's decisional, not emotional.
  - Joy comes from believing that trials produce obedient endurance.
  - Since the goal is spiritual maturity, we let the process do its work
2. When you lack wisdom regarding a trial, ask God for it (1:5-8)
  - You won't be penalized for asking.
  - You must believe he will give it.
3. Responding correctly to trials requires three things:
  - Seeing yourself as truly blessed, despite the trial (1:9-12)
  - Making no excuses for bad behavior (1:12-15)
  - Being convinced of the goodness of God (1:16-18)