Partakers of Grace Part Six: Daily Disciplines (Part A) Philippians 4:2-9 August 24, 2025

- 1. Handle conflict like a saint (Philippians 4:2-3)
 - These conflicts poison other relationships, especially among saints.
 - Being right is no excuse for behaving wrong.
- 2. Make it a habit to rejoice in the Lord (Philippians 4:4)
 - Rejoice = express delight in knowing the Lord.
 - This is a key discipline for avoiding negativity and depression.
- 3. Build a reputation for reasonableness (Philippians 4:5a)
 - Difficult people are a huge problem for churches.
 - As a saint, never excuse a disagreeable attitude with 'that's just the way I am'
- 4. Address your anxiety with prayer (Philippians 4:5b-7)
 - Anxiety is fear about a negative future.
 - Anxiety can be caused by proudly ignoring the Lord.
- 5. Identify and practice virtuous things (Philippians 4:8-9)
 - We're called to holiness, not "it'll do."
 - A great deal of virtue is learned by imitation.