

Reality Check
Part 4: Dealing with Discouragement
1 Kings 19:1-21
November 17, 2024

1. Identify the source of your discouragement (1 Kings 19:1-14)
 - Opposition from people who resent your devotion to God (19:1-3)
 - Thinking that your faithfulness to the Lord has made little difference (19:4,10,14)
 - Physical exhaustion (19:5-8)
 - Self-pity (19:9-14)
2. Reject passivity and take responsibility (1 Kings 19:15-21)
 - Pour out your complaint to the Lord (19:4,9-10, 13-14)
 - Do what you know God wants you to do (19:15-17)
 - Trust God, not your feelings (19:18)
 - Consider your influence (19-21)